

Dear DKG Europe members,

The power of positivity is immense, and it can help convert energy into reality. Even out of the most challenging and devastating situations we can find a silver lining. With a positive mindset we can avoid many physical and mental diseases and a stress-free mind leads to a stronger immune system.

A positive mindset does not only benefit our professional life, it is also essential for a successful and lovable personal life. Since positivity is rooted in gratitude, we feel thankful for many blessings in our life, especially the people who add happiness to our life.

How can we build a more positive mindset? The recipe is not complicated. Try to find your flow. Try to find your balance. Try to love yourself. Try new things and new ways that you have never experienced before. Beverly Cleary, the 104-year-old well-known American author of Ramona stories, says 'If you do not see the book you want on the shelves, write it.' Her words apply not only to writing stories or memoirs, but also to experiencing a positive lifestyle.

DKG International President Becky Sadowski recently said: *'Nimbleness refers to an organization's ability to recognize the opportunities and act on them in a timely and efficient way.'* Virtual collaboration seems to have become 'a new normal' based on efficiency and effectiveness.

Our step towards crafting a more "positive you" is a new online project with the goal of learning and getting new knowledge. From January 11-26, 2021 DKG Europe State representatives are going to have the second round of virtual meetings. I am pleased that European Members on DKG International Committees will be joining us. We will share this exciting experience with all European members in our spring edition of *Euforia*.

May the Christmas season fill your homes with joy, your hearts with love and your lives with laughter! May this Christmas end the present year on a cheerful note and make way for a fresh and bright New Year!

Margarita Hanschmidt
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